

March 12, 2021

Communities at Indian Haven

Dear Friends, Families, Residents and Caregivers,

It is hard to believe Covid 19 has controlled out lives for a full year!

The Centers for Medicare and Medicaid (CMS) announced this week that responsible in-person visitation for nursing homes is allowed. Read the report:

https://www.phca.org/wp-content/uploads/2021/03/QSO-20-39-NH-Revised_0.pdf

Although this is a ray of hope, these visits have to meet the Centers for Disease Control and Prevention's (CDC) core principles and will still require screening protocols for all visitors and staff, practice social distancing, face mask wearing and proper sanitization. <https://www.cdc.gov>.

The following is a reminder of the core visitor principles that will again be implemented:

- Visitation scheduled at designated times
- Adherence to infection control principles- Mask, Goggles or face shield
- Visit is limited to designated area/resident room
- Despite relaxed restrictions for visitation, we will continue routine testing and, in the event of any new positive results, modified visitation restrictions will be implemented and there will be immediate notifications of changes to visitation schedules.

We are proud of our efforts to vaccinate residents and staff and to promote vaccines for the general public in our fight against COVID-19. Our vaccine clinics have concluded, but we continue to work to get vaccinations for our Residents and Staffs within our community. This week the Johnson and Johnson vaccine, which is a one injection vaccine for Covid 19, was approved for emergency use. The effectiveness is at 74%. We urge you to take whatever vaccine is available to you to continue to make our communities safe. Indiana County total cases is 5,170 with 160 deaths.

If you have additional vaccine questions, please refer to our website's COVID-19 page. Another source is the Department of Health (DOH) family member eligibility, locations and scheduling website: <https://www.health.pa.gov/topics/disease/coronavirus/Vaccine/Pages/Vaccine.aspx>

Our Facility's Resident Impact (May 15, 2020, through March 11, 2021):

Number of cases	
18	ADMISSIONS: Residents admitted or readmitted who were previously hospitalized and treated for COVID-19
0	CONFIRMED: Residents with new laboratory positive COVID-19
0	SUSPECTED: Residents with new suspected COVID-19
49	TOTAL DEATHS: Residents who died in the facility or another location
23	COVID-19 DEATHS: Residents with suspected or laboratory positive COVID-19 who died in the facility or another location.

Family members impacted by the virus will be contacted and provided with results/updates. We are now testing at once a month for all residents and staffs who are fully vaccinated. Those unvaccinated will continue weekly testing and staff must wear full PPE beginning Monday.

We have been blessed by some much-needed sunshine and warmer temperatures this week! Some of our Residents were outside enjoying the courtyard. Don't forget to SPRING Forward on Sunday night at 2 AM!

Sincerely,

Kim Cobaugh Administrator

Kim Cobaugh and Communities at Indian Haven Family