



January 8, 2021

Dear Friends, Families, Residents and Caregivers,

Hello! We took our first steps toward the promise of defeating the COVID-19 (SARS-COV-2 coronavirus) pandemic with a vaccine for our Residents and Staffs. We received a vaccine card with the first dose of the Pfizer-BioNTech COVID-19 vaccine onsite from CVS Pharmacy representatives. All Residents who were cleared to receive the vaccine have the vaccine. So far, we have had only minor issues that quickly resolved from the vaccine. The biggest concern voiced was “a sore arm.” Our second vaccine will be administered on January 25. There will be another planned for those who require the second dose from the 1/25 administration.

COVID-19 FACTS: COVID-19 can be acquired through contact with a person who has the virus. Symptoms may appear two to 14 days after exposure to the virus. It affects mostly the respiratory illness but can affect other organs. The symptoms may include fever, chills, cough, fatigue, shortness of breath, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting and diarrhea. Eight out of 10 COVID-19 deaths are those 65+ years old.

PFIZER Vaccine FACTS: The vaccine is for those 16 years of age and older. It is to be administered to Long Term Care Residents and staff along with hospital providers first. It is administered as an injection into the muscle. It is administered in 2 doses three weeks (21 days) apart. The vaccine cannot give you COVID-19. IF you have had COVID-19, you could be reinfected and should get the vaccine. The vaccine works with your body’s natural defenses to develop immunity.

You have been contacted about this in recent weeks. For more information, please check our website’s [COVID-19 page](#) for updates, links, [frequently asked questions](#), videos, physician discussions and consent documents.

In keeping up with COVID-19 challenges, we have enacted the most recent Centers for Medicare & Medicaid Services (CMS) guidelines regarding visitation. These guidelines are based on county positivity rates. We remain focused on principles of cleanliness set forth by policies and procedures from the Centers for Disease Control (CDC), Department of Health (DOH), and Regional Response Health Collaboration Program (RRHCP). Indiana County has 4,314 cases with 132 deaths. The county experienced its highest number of cases, 111, on Wednesday.

Our Facility's Resident Impact (May 15, 2020 through January 7, 2021):

Number of cases	
17	ADMISSIONS: Residents admitted or readmitted who were previously hospitalized and treated for COVID-19
0	CONFIRMED: Residents with new laboratory positive COVID-19
0	SUSPECTED: Residents with new suspected COVID-19
45	TOTAL DEATHS: Residents who died in the facility or another location
21	COVID-19 DEATHS: Residents with suspected or laboratory positive COVID-19 who died in the facility or another location.

Family members and all others impacted by the virus will be contacted and provided with results/updates.

We encourage all to maintain social distancing, use caution when attending gatherings, wear a mask and practice hand hygiene. Now is not the time to let our guard down!

Thank you again for entrusting with the care of your loved ones. If you have any questions, we are always available for you. This has been an extremely hopeful week!

Sincerely,

Kim Cobaugh and Communities at Indian Haven Family

Kim Cobaugh RN, C, NHA

Administrator